

Vein Care Solutions Sclerotherapy Information Sheet

Sclerotherapy is an injection treatment used to eliminate small to medium size varicose veins and telangiectasia or “spider” veins. Spider veins usually appear spontaneously and become noticeable over time as they increase in size and number. The majority of these veins present as a “**cosmetic problem**”. Sclerotherapy is intended to irritate the lining of the vein causing it to scar down and eventually disappear. Sclerotherapy consists of delivery of a chemical into the vein using a very small needle.

Treatment varies from patient to patient depending on the type, size and quantity of veins to be treated.

Treatment sessions take approximately 20 to 30 minutes. We recommend the use of support hose high enough to cover the area treated.

- It is important to realize that the best results require patience. It takes time for your body to respond to the injections. It is important to follow the post-treatment instructions to optimize your results.

Possible Side Effects:

Itching- you may experience itching around the area injected. If this occurs, it is usually mild and lasts for one to two days. If itching is significant, Benadryl may be used.

Pain- patients may have some tenderness at the injection site. Injection of the sclerosing agent can be uncomfortable, but is usually well tolerated by most patients. Acetaminophen (Tylenol) can be used if needed, according to product directions.

Bruising- may occur at the injection site. Like any other bruising, this resolves with time.

Brown Spots- (skin pigmentation) may be noted after injections. When a small needle is inserted into the vein to inject the sclerosing agent, occasionally the vein will rupture allowing the solution injected into the veins leak into the surrounding tissue. This may occasionally result in a brown spot in the skin, which is rarely permanent and usually disappears with time.

Rare Side Effects:

Ulceration at injection site- very rarely a small ulcer will occur at the site where the vein is injected. An ulcer can take four to six weeks to completely heal. A small scar may result.

Allergic reaction- there is a very rare incidence of an allergic reaction to the solution injected. Please inform us of any allergic history.